

Community Dance Arts Programming

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Community Dance Arts Programming

The Woodlands Dance Theatre is excited to offer a Community Dance Arts Enrichment Program that provides dance and mobility courses to businesses, organizations, and community programs across all ages and levels of experience.

Our mission is to empower our partners with an engaging dance curriculum that caters to their unique needs. Our services inspire creativity, promote an active lifestyle, and are designed to enhance the existing offerings of daycares, private schools, and living facilities. Arts Enrichment Programming can look very different in different environments. Whether you're looking for interactive lessons or a high quality performance opportunity The Woodlands Ballet Theatre is here to bring the arts to your students!

Our Mission:

We seek to enrich the Greater Houston arts community by provide exceptional dance & performing arts education to students of all ages & abilities in a nurturing environment.



Our Program

Provide your students with valuable arts education and discounted access to Woodlands Dance Theatre's full studio programs.

We strive to provide flexible and customizable services that cater to the desires of your student population. We travel to your business location to provide services and programming can be tailored to fit your needs. We offer one-off workshops, multi-week courses, and semester-long programs. We understand that individual preferences may vary, and we are happy to specify class types accordingly. Our classes are available for individuals aged 3 to 65+ and can be leveled depending on the specific needs of each student.

| Ballet | Тар |
|------------------------|------------------------------------|
| Jazz | Нір Нор |
| Contemporary | Stretching & Conditioning |
| Musical Theatre | Disney & Parade Dancing |

What can a Community Dance Arts Program do for You?

Did you know that during a 3-year period of study, students who engaged in physically active lessons, on average, improved their academic achievement by 6%?! Our skilled and experienced teachers have developed a curriculum that nurtures strength, flexibility, memorization, hand eye coordination, music theory, and teamwork skills.

Program Tiers

Our goal is to offer flexible and affordable pricing tiers to our partners to make it accessible to all communities. Our pricing tiers are as follows

| Programs | Cost |
|--|---|
| Performance of Alice & Wonderland | \$350 |
| 30-minute Focused Lesson | |
| One style of dance highlighted | |
| • Warm up | \$150 |
| Introduction to Dance Style | |
| Dance ActivityMusic theory activity | |
| 60-minute Focused Lesson | |
| | |
| One style of dance highlightedWarm up | |
| Introduction to Dance Style | \$275 |
| Dance Activity | Ş273 |
| Learn a Dance Combination to Music | |
| Music theory activity | |
| 2.5-hour Interactive Assembly 3 styles of dance highlighted 5-10 minute performance Warm up Introduction to Dance Styles History of Dance Styles Evolution of Dance Styles Examples of Dance Style and Variations Dance Activities Learn a Dance combination for each Dance Style being Highlighted Music Theory Lesson and Activity | \$750 |
| Two 30-minute Lessons Per Month | \$275/mo (%15 off if paid quarterly) |
| Two 60-minute Lessons Per Month | \$500/mo (15% off if paid quarterly) 5 |

Why should I consider a Dance Arts Enrichment Program?



Dancing requires mental and physical focus, brain & body coordination, pattern recognition, perseverance, and more?

- Dancing improves spatial awareness, which also directly improves mathematical ability.
- Dance teaches problem solving skills in a creative and positive way
- Dancing releases stress and focuses the dancer on healthy task completion.
- Dance is rooted in music theory which provides meaningful education that transcends multiple disciplines.
- For older students, dancing has consistently out performed reading, bicycling/swimming, playing golf, and crosswords in its ability toO reduce the risk of dementia

Improves Community Engagement

Promotes Overall Wellness

According to a study by Americans for the Arts, arts events and activities bring people together and help build stronger communities. By offering arts programs, businesses can become a cultural hub in their community and establish themselves as an integral part of the community. According to the (CDC), regular physical activity can help prevent chronic diseases, improve mental health, and promote healthy aging. By offering arts programs that promote physical activity, businesses can help promote wellness among their employees, customers, and clients.

Attracts New Customers/Clients

According to a study by Americans for the Arts 72% of American adults participated in an arts event or activity in 2017, making it a viable audience for businesses to tap into.

Ready to Get Dancing?

Woodlands Dance Theatre's mission is to provide exceptional dance and performing arts education to dancers of all ages and abilities in a nurturing environment. We strive to be an inclusive organization for all members of our community. Through collaborative partnerships and multidisciplinary projects with local artists, we seek to enrich the Greater Houston arts community.

We invite you to join our Community Dance Arts Enrichment Program and experience the joy and benefits of dance. To get started, please contact us through the information below to schedule a consultation with one of our program directors. We will work with you to create a customized program that fits the needs and goals of your organization. Let's dance together and make a difference in our community!

Contact Us

(281) 206-4208 info@woodlandsdancetheatre.org